



Doula Services and Obligations:

I, Miriam Halliday, prefer to meet with you and your partner; (if applicable) at least twice before labor to become acquainted, to explore and discuss your priorities, any fears or concerns, and to plan how we might best work together.

If you do select me I:

- Will meet with you for 2-4 prenatal visits depending on your individual needs, which we will discuss at your first visit.
- Will want to become familiar with your Birth Plan (if applicable), including your preferences regarding pain management options and the use of pain medications.
- Will want to know your best ways of coping with pain and fatigue and how you and your partner foresee working together (if applicable).
- Will be on call 24 hours a day two weeks prior to your due date and two weeks after your due date. This means I will carry my cell phone and have it on at all times that I am away from home. If Unforeseen circumstances may prevent me from attending your labor and birth I will provide you with a back up doula.
- Will answer questions and make suggestions over the phone any time before labor begins.
- Will provide early labor support as requested, including in your home.
- Will remain with you once active labor has begun and will remain with you after the baby is delivered until you feel comfortable with me leaving (up to three hours).
- Will utilize non-medical support techniques for labor and birth.
- Will assist in providing information and supply emotional support on postpartum care, breastfeeding, and newborn care after the birth, as requested.
- Will meet with you twice between 1 to 4 weeks postpartum to discuss the birth, help out around the house, or bring a meal depending on your individual needs.

Client's Obligations:

- You will call me as soon as you think you are in labor, even if you are not sure, so that I can make arrangements to attend your birth.
- You will allow me one to two hours' time to reach you, unless notified otherwise by me.
- It is your responsibility to ensure that I am allowed to attend you at all times while at the hospital (if applicable).
- If you decide not to use my services after signing this contract you will forfeit the \$300 deposit.
- In the event of a cesarean birth the fee is the same as for a vaginal birth. I will still offer physical and emotional support to you and your partner (if applicable) before, during (if I'm allowed into the surgery), and after.
- You understand that Halliday Doula Services supports breastfeeding Moms and that I may need to take some short breaks in order to pump or breastfeed during your labor. These breaks will take 15 minutes and I will make every effort to make sure they do not interrupt services provided.

Failure of Doula to Provide Services:

- It is understood by all parties that I will make every effort to provide the services described in this agreement. In the case of a speedy birth or medical emergency, it may be impossible for me to provide these services.
- If you fail to call me to attend your labor and birth, for whatever reason, I will keep the \$300 deposit retaining fee and any payments made to me prior to the due date up to half of the full price there will be no further charges.
- If I and my back up doula fail to attend your labor and birth due to circumstances beyond anyone's control I will keep the \$300 deposit but all other payments will be refunded to you.
- If I am unable to attend your labor and birth I will still meet with you post-partum to discuss your experience and provide support.

Fees:

The fee for the services described in this agreement is to be paid as follows:

It is my belief that every woman should have access to a doula. If your financial situation is such that you feel you are unable to afford my full price I understand and will work with you to come up with a fee that would work for you. If you are able to afford my full fee with no issues I would like you to know that with every service paid in full, I am able to offer a discounted and sometimes free service to someone else in need, so thank you. I call this system “Buy one, give one”.

As your Professional Doula, my fees will be as stated in the following contract.

My total fee is \$1100.00 for my services. Of the \$1100.00, a non-refundable deposit of \$300.00 is due at the signing of this contract with the remaining balance due by the 40th week of pregnancy or actual birth, whichever comes first. I am open to whatever payment plan best suits your income and needs. I am able to take payments by card, check, or cash.

I will not consider myself obligated to the birth, or “on call” until I have received the \$300 non-refundable deposit.

I/We have read this contract describing the doula’s services and fees and agree that it reflects the discussion we had with her. I also understand that by hiring “Halliday Doula Services” it in no way guarantees a certain medical outcome to my birth.

_____ Signature	_____ Date
_____ Client’s partner’s signature (if applicable)	_____ Date
_____ Doula’s Signature	_____ Date